

CAFÉ BAR

TAPAS

Means cover or lid, small dishes served with drinks....

From the humble olive and bread, originated from Spain, the simplest of foods!

As tradition developed to become more elaborate all over the World, each country adopting their own personality.

While still known as **small dishes** people have stamped them with the identity it has today.

So, tapas is essentially a style of eating rather than a form of cooking, it means sociability, friend and family, talking and drinking in a relaxed atmosphere.

You can keep it simple or you can make it as complicated as you like, but which ever way you prefer it **TAPAS** is best served with a drink amongst friends and great company.

There are NO RULES to tapas! You choose!!

Olives	£3.25
Peppers with cream cheese	£3.95
Mozzarella sticks	£4.95
Marinated mushrooms	£2.95
Chillies stuffed with cream cheese	£3.95
Feta and sundried tomatoes	£3.75
Mediterranean cous cous	£3.25
Mini vegetable spring rolls	£5.25
Cheese & tomato pizza	£4.50
Pepperoni pizza	£5.75
BBQ chicken pizza	£5.95
Garlic bread	£3.95

Marinated prawns in lime & sweet chilli	£5.75
Mini cumberland sausages in mustard & maple syrup	£4.95
Meatballs in spicy tomato sauce	£4.95
Chilli beef	£4.95
Southern fried chicken goujons	£4.95
Duck & hoisin pancakes	£5.50
Chorizo and chicken	£4.95
Spicy sticky wings	£4.95
BBQ ribs	£5.95
Lemon sole goujons	£5.50
Prawn Platter	£5.95

Try THE  **MUNCH BOX**
Pick 3 TAPAS DISHES
for only £12.95

Simply smoked salmon	£5.50
Calamari	£4.95
Mac 'n' Cheese	£4.75
Corn on the cob	£3.75
Onion rings	£3.75
Sweet potato fries	£3.25
Bucket of chips	£2.95
Skinny fries	£2.95
Herby diced potatoes	£3.25
Potato wedges	£3.50
Mustard mash	£2.95
Baby boiled potatoes	£2.95
House salad	£4.50

Bread & stuff

All served with light salad garnish

Melted Wensleydale cheese & red onion chutney on rustic bread	£4.95
Roast chicken and stuffing	£4.95
Open Prawn	£6.50
Coronation chicken in creme fraiche inside a Pitta bread	£4.95
Cumberland sausage baguette	£5.75
BLT baguette	£5.50
Bacon & brie baguette	£5.75



CLUB SANDWICH

Toasted bread, smoked chicken, bacon, lettuce, tomato & mustard Mayo £6.50

Pulled pig on ciabatta - slow roasted pork in a light BBQ marinade £5.95

Skewered king prawns on toasted ciabatta with sweet chilli £5.95

The BIG g - George
1/2lb beef burger, fully loaded!!! £6.95

Starters 'n' Mains

It's up to you!

Soup of the day & roll	£5.25
ARTISAN tear & share bread tin with olive oil and balsamic	£5.50
Anti-pasti board - feta, airdried ham, sundried tomatoes, mushrooms, bread, oil & dips	£8.95
Cheese & paté board - stilton/cheddar with paté, chutneys & Bread	£7.50
Baked ham & cheese omelette	£6.95
Creamy garlic mushrooms and ciabatta	£4.95

Nachos topped with chilli beef, guacamole, salsa, sour cream and jalapeños £6.95

Chicken or beef fajitas

marinated in mexican style spices served with tortillas and dips £9.95

Mussels in garlic and white wine sauce £7.95

Paella £7.95

Lamb kebab with yoghurt and cucumber dip £7.95

Smoked salmon and scrambled eggs on toasted muffin £6.95

Kiln smoked salmon delice with creme fraiche £7.95



georgian chicken* - Chicken supreme filled with black pudding paprika cream sauce £14.95

Cumbrian lass* - Chicken fillet, sausage meat & applewood cheese wrapped in air dried ham on a port wine sauce £14.95

Sweet chilli glazed salmon fillet* £13.95

Sirloin steak* £17.95

Rib eye steak* £16.95

Cumberland sausage & mash* £9.95

* Mains with vegetables & chips or potatoes

Salad Bowls

Caesar salad £5.95

Chicken caesar salad £7.95

Prawn salad £6.95

Goats cheese & beetroot salad £6.50

Cherry tomato & mozzarella salad on rocket £6.50

Add it on!

Choose any one for £1.50

Dips - Salsa & sour cream - Guacamole - Houmous - Coleslaw - BBQ sauce - Sweet chilli sauce - Garlic mayonnaise